



# *SCHYS Application & Admissions Process*

All SCHYS programs train our teachers to be:

- **Trauma Informed** and to use **All-Inclusive Language**
- Have knowledge in Western/allopathic anatomy and medical terminology appropriate for the level and subject matter of the program.
- **Accessible to All**, including knowledgeable and adaptable for diverse clientele including: beginners, seniors, pre- and post-natal students, and those with special needs such as physical, emotional, sensory, cognitive, and/or intellectual impairments.

## entrance requirements

All applicants must be 18 years or older, and must be fluent in verbal and written English - insufficient English skills may prohibit successful completion of the program. Students should have access to the internet for online courses and have basic computer skills. We require all of our students to have a strong commitment to personal growth



## application and admissions process

Prospective students may submit the application form below for any SCHYSc program for which they wish to enroll (see below) or email Barb Pishock, Director of Admissions: [barb@schys.yoga](mailto:barb@schys.yoga) for an application. The application process begins approximately six months prior to the start date of a program and late applications are permissible if space permits (make-up hours may be necessary).

1. Apply: Application and a non-refundable application fee is required for each program. Applications may be sent using the form below or via an attachment in an email to Barb Pishock, Director of Admissions [barb@schys.yoga](mailto:barb@schys.yoga) Your **application fee** must be submitted within 2-weeks of submitting your application. This can be [paid online](#) (credit card or PayPal) or sent via check to SCHYS, 308 Plott Hound Ln, Wake Forest, NC 27587. Please note: SCHYS does not accept transfer credits from other training programs. All programs require four references: two personal and two yoga references. We require the name and email of these four references with your application. Alternatively you may request your references contact us directly: send reference to [barb@schys.yoga](mailto:barb@schys.yoga). Applicants may be contacted for an interview as we like to get to know our students as much as possible to ensure SCHYS is a good fit for this endeavor.

**Applications for any of the below programs may be found below—simply submit the form below.**



see in Advanced Yoga Teacher Training/ Step 1.110

Requisite: 200-Hour RYT, one year of yoga practice, and at least 40-hours teaching experience. SCHYS does not accept transfer hours.

- Yoga Therapy Certificate Program/Step 2 and 3 Pre-  
Requisite: Completion of at least 75% of Step 1. SCHYS does not accept transfer hours.
- Prenatal Yoga Teacher Training Program - Pre-requisite:  
200-hour RYT and one year teaching experience.
- Specialty Certificate Program (ANY) - For Certificate there is a pre-requisite of SCHYS Foundations for Yoga/Bridge Program (see above).

2. SCHYS Processes: SCHYS administration processes all applications within 30-days after receipt of all required components. Faculty may contact you for an interview, where we can answer any questions you may have.
  3. Acceptance: Accepted students are notified via email and will be sent an acceptance letter as well as SCHYS Enrollment Agreement.
  4. Enroll: To finalize the process, students are required to return the Enrollment Agreement along with the non-refundable Enrollment Fee (\$1008). This fee must be paid before taking the first module or course requirement. The Enrollment Agreement asks you to select which Option for your Tuition (see below).
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Name \*

First Name

Last Name

Email \*

Program you are applying for:

- 200-Hour Yoga Teacher Training Program
- 300-Hour Yoga Teacher Training Program
- Yoga Therapy Certificate Program (Steps 2 and 3)
- Specialty Certificate Program

How did you hear about this program?

- Online (website) - search for programs
- Social Mediate
- Yoga Studio or Yoga Center
- Fellow Yogi/Yogini
- Other--please use message field below to give more information.

Do you currently meet the pre-requisites for the program you are applying

Please describe your experience, including who you have studied under, what style(s) of yoga you have studied, and how long you have been practicing and teaching yoga.

Please describe your current practice (asana, pranayama, meditation, prayer or other daily ritual/practice).



Please tell us why you are interested in this program and what other programs you have considered.

Please describe your work-life situation. Do you have people in your life who support your decision to go through a program like this? Who will be the most supportive of this decision? Who the least supportive?

Please describe any impediments to your commitment to this program.

Please describe your strengths and areas for improvement. What efforts are you making towards self-improvement?

Please give us any additional information you think would help us better understand you as a person and your reason(s) for desiring completion of this program.



### Message \*

Please use this field to further explain any items above.

### Personal Reference #1 Name

First Name

Last Name

### Personal Reference #1 Email

### Personal Reference #2 Name

First Name

Last Name

### Personal Reference #2 Email

### Yoga Reference #1 Name

First Name

Last Name

### Yoga Reference #1 Email



Yoga Reference #2 Name

First Name

Last Name

Yoga Reference #2 Email

Submit

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## graduates of our programs are eligible for:

- 200-Hour training program graduates are eligible for *RYT200 with the Yoga Alliance*.
- Foundations for Yoga and Yoga Therapy/Bridge Program graduates are eligible for *Yoga Alliance Continuing Education Provider (YACEP) hours*, and to enroll in our 300-Hour and other programs.
- 300-Hour training program graduates are eligible for *RYT500 with the Yoga Alliance*.
- Our accredited Yoga Therapy Certificate Program graduates are eligible to apply for *C-IAYT with the International Association of Yoga Therapists (IAYT)*.



*Continuing Education credit hours with the IAYT.*

## policies and procedures

All SCHYS students are required to read and adhere to the policies and procedures outlined in the current SCHYS Student Handbook, which students receive upon program enrollment. Contact [jj@schys.yoga](mailto:jj@schys.yoga) for questions related to the [Student Handbook](#)

SCHYS | 308 Plott Hound Ln, Wake Forest, NC 27587 | [info@schys.yoga](mailto:info@schys.yoga) | (703) 389-3174

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