



Surya Chandra Healing Yoga School

300-Hour Advanced Yoga Teacher Training Program and Step 1 of the Yoga Therapy Certificate Program

To apply, fill out the application and include contact information for four references (two personal and two yoga references). The non-refundable Application Fee of \$50 should be included with your application. The Application Fee can be paid through PayPal on the SCHYS website:

<http://suryachandrahealingyoga.com/store/yttpayments.html>

Applications will not be processed until we have received:

1. Application
2. Application Fee
3. Contact information for personal and yoga references

Allow 30-days for processing of your application after receipt of all required components. You may be contacted by SCHYS Faculty for an interview.

Please submit your completed application to SCHYS:

hannah@suryachandrahealingyoga.com or mail to 331 N Madison Road, Orange, VA 22960.

1. Your Contact Information

Name	
Address	
Phone	
Email	
Best way to contact you (email, phone, text, Facebook)	

2. Personal References¹

Name	
Address	
Phone	
Email	
Relationship	

Name	
Address	
Phone	
Email	
Relationship	

3. Yoga References²

Name	
Address	
Phone	
Email	
Relationship	

Name	
Address	
Phone	
Email	
Relationship	

4. To which training location are you applying?

5. Do you currently hold a RYT-200 (or equivalent)? Describe other pertinent background training that is relevant to your desire to undertake this study.

6. Describe your experience, including who you have studied under, what style of yoga you have studied, and how long you have been practicing and teaching yoga (a minimum of one (1) year or 100-hours of teaching is required for acceptance to this program).

7. Describe your current practice (asana, pranayama, meditation, prayer or other daily ritual/practice).

8. Why are you interested in this Program? What other Programs have you considered?

¹ Personal references should include persons that will be supportive of you throughout the Program.

² Yoga references should include past or present teachers. If you use SCHYS Faculty as yoga reference then you do not need an additional yoga reference.

9. What is your work-life situation like? Do you have people in your life who support your decision to go through a yoga teacher training program? Who will be the most supportive of this decision? Who the least?
10. Do you foresee any impediments to your commitment to this Program?
11. Describe your strengths and areas for improvement. What efforts are you making towards self-improvement?
12. What qualities will make you a good yoga teacher?
13. What is your occupation? Will your occupation help you in this Program?
14. What are your chief interests and activities outside of yoga?
15. What is your main ambition in life? What efforts are you making towards this ambition?
16. What books, teachers, or other influences have been most helpful to you and why?
17. Describe your background training – what degrees or certificates do you hold? How does your background (education/training/degrees/certificates) prepare you for this Program?
18. Describe your philosophical belief system and how this influences your yoga practice.
19. Please briefly describe the evolution of your personality.