

# IMPLEMENTING YOGA IN PHYSICAL EDUCATION TRAINING

SATURDAY

3/7 10:30-6:30

SUNDAY

3 / 8 10:30-6:30

CONTACT FOR INFO + PRICING



Hosted by former  
High School PE  
teacher  
Jenny Thiede,  
this program is  
designed to teach  
physical education  
teachers how to  
add a yoga program  
to their school  
curriculum

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THE YOGA & AYURVEDA CENTER | 2 S PARK AVENUE #3 | LOMBARD