



YOGA & ayurveda

Come and make an
Ayurveda face mask that
will cool and soothe hot
summer skin



Taste 3 different types of matcha:

1. Traditional matcha
2. Seasonal Cold Brew Sencha
3. Seasonal Cold Wisk Matcha

August 17th

1:00pm-2:30pm

\$20

Please call to save space by 8/15.

2 s park ave #3

lombard, il.60148

630-330-9461

info@yogaayurvedacenter.com

www.yogaayurvedacenter.com