

Date: \_\_\_\_\_



## PARTICIPANT INFORMATION & WAIVER

Full Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address, City, State, Zip: \_\_\_\_\_

Home: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

DOB: \_\_\_\_\_ Yoga Experience: \_\_\_\_\_ Emergency \_\_\_\_\_

Contact & Phone: \_\_\_\_\_

Are you a high school or college student? \_\_\_\_\_ Do you have any previous injuries/medical conditions to be aware of?

How did you have about us? \_\_\_\_\_

### AGREEMENT OF RELEASE & WAIVER OF LIABILITY

1. I will receive information and instruction while participating in the class, health program or workshop offered by The Yoga & Ayurveda Center. I recognize that this class will require physical exertion, which may be strenuous and may cause physical injury and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in this class or any other activity associated with The Yoga & Ayurveda Center. I represent and warrant that I am physically fit and I have no medical conditions, which would prevent my full participation in the class, health program or workshop.
3. I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I may incur as a result of participating in the program.
4. I knowingly, voluntarily and expressly waive any claim that I may have against The Yoga & Ayurveda Center instructor or The Yoga & Ayurveda Center for injury or damages that I may sustain as a result of my participation.
5. Heirs, my legal representatives, or I, forever release and waive any liabilities against The Yoga & Ayurveda Center and it's instructors for any injury or death incurred by my voluntary participation in this class, workshop, event or activity.

I HAVE READ THE ABOVE RELEASE & WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS CONTENTS. I VOLUNTARILY AGREE TO THE TERMS AND CONDITIONS STATED ABOVE.

DATE: \_\_\_\_\_ SIGNATURE OF PARTICIPANT: \_\_\_\_\_

If participant is under 18, as legal guardian of \_\_\_\_\_, I consent to the above conditions.