

Current Vibrations

- restoring harmony through vibration -

Join musician Jay Taylor for a Friday night Sound Meditation.
Experience the subtle, powerful, and precise vibrations of
the gong and crystal bowls as they help you to release
stress, clear your mind, and re-tune your body.

Note: Please bring your own seat, mat, or cushion to
make your experience as comfortable as possible.

January 11th

Doors 7:00-7:15pm

Meditation 7:15-8:00pm

Share Out / Q&A 8:00-8:15pm

Investment = \$25 Pre-Registration / \$30 Walk-In



2 S Park Ave
3rd Floor
Lombard, IL
630-330-9461